

# Sacred Heart Catholic Church



3900 Arthur Drive, P. O. Box 10  
Delta, B.C. V4K 3N5 Telephone: 604-946-4522  
Email: [sacredheartparish@shsdelta.org](mailto:sacredheartparish@shsdelta.org)

Parish Website: [www.sacredheartparish.ca](http://www.sacredheartparish.ca)  
Roman Catholic Archdiocese of Vancouver  
604-683-0281 Website: <https://rcav.org/>

## Augustinian Friars in the Parish:

Fr. Francis Galvan, OSA – Pastor  
Fr. Michael Martell OSA



The Archbishop of Vancouver, following the Provincial Health Order from Dr. Bonnie Henry, directs that all Masses, whether Sunday or weekday, beginning on Friday, November 20th and until further notice, are to be offered without public congregation.

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Our in-person drive through Sunday Adoration is cancelled until further notice.

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Individual Confessions Saturday from 10am-11am in the Chapel.

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Live streaming of Mass on YouTube, Saturdays at 6pm.

## Search:

Sacred Heart Parish Delta

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Chapel is open daily from 10am to 4pm for private prayer. (Except Sundays and holidays)

Baptisms: Please contact parish office for more information.

## Sixth Sunday in Ordinary Time

February 14th, 2021

*Be made clean. Mark 1.40-45*

**Sunday Focus:** Let us turn to Christ today to heal our wounds. Jesus enters into our spiritual and physical suffering with his mercy to heal our separation from God and draw us back into the relationship for which we are made. The leper's faith can lead us also to confidently seek Christ out today. Jesus, the eternal Word of God, draws near to us to heal us of every wound. **LITURGY OF THE WORD** The Lord gives instructions to Moses and Aaron for how to deal with leprosy. In the second reading, Paul encourages the Corinthians to do everything for the glory of God. In the Gospel, a leper asks Jesus to make him clean, and after he is made so, he then begins to publicize the whole matter.

## PARISH CONTACTS

Doug Lynes	Parish Financial Manager	940-0583
Barry Marshall	Maintenance/Rentals	319-4740
John Barker	Choir Director/Music	943-7558
Erin Seddon	Religious Ed. (PREP)	946-2618
Kelly Kozack Brandy Grund	School Principal Vice-Principal	946-2611
Mylene Lock	Lil Saints Preschool	946-4525
Martin Grund	Youth Ministry (Gr 8+)	magsh@axionet.com

## Baptisms - Sunday, Feb 14<sup>th</sup>

Isabelle Gail and Emmett James Joel,  
Children of Cory and Holley GERRARD.

God's Blessings and Congratulations



### **Drive-In Communion on Saturday and Sunday.**

If you wish to receive Holy Communion through our drive-in you must be registered through the parish office. Please call or email the office to get a time spot and to register.

**Drive-In Mass at Sacred Heart Parish.** We invite our parishioners to attend our Drive-In Mass on Sunday mornings at 9am. You remain in your vehicle and listen to the Mass on your car radio. Fr. Francis has an outdoor altar set up in front of the cars. Sorry, **no** washrooms available. Holy Communion will be distributed at the end of Mass. We are limited to 50 cars maximum and you must be registered through the parish office. Once registered you will receive a gate entrance ticket.

### **Fast and abstain on upcoming Holy days**

The Church prescribes fasting (only one full meal and two smaller meals which together are not greater than a full meal) and abstinence from meat on Ash Wednesday and Good Friday. Catholics aged 18-59 are bound to fast; those 14-59 to abstinence. Those who are ill are freed from these obligations. Everyone, even those above the age of 59, are encouraged to fast and abstain. All Fridays during Lent are days of abstinence but Catholics may substitute special acts of charity or piety in place of abstinence. Parents and educators are reminded of their duty to introduce children gradually to the understanding and practice of penance.

**Daily Mass with Fr. Francis is posted to SHP Facebook page at around 10am daily. Please search for Sacred Heart Parish Delta. (Monday to Saturday)**



**Needed: Bikes in good condition for our Migrant Workers.** If you have a bicycle to donate please call the parish office and we can arrange for pick up or drop off. 604-946-4522 Ext 100. Thank you for your generosity.

*“Only Jesus, who knows and loves our heart, can heal it. Lent is a time of healing.” Pope Francis*

If you are using offertory envelope #49 can you please let us know whom you are if you wish to receive a tax receipt. Please contact the parish office at 604-946-4522.

### **SUNDAY COLLECTION REPORT** **Year to date up to Jan 24th, 2021**

	<u>Actual</u>	<u>Target</u>	<u>Variance</u>
Year to Date	\$26,794	\$47,940	-\$21,146

**Our pastoral staff would like to thank everyone for their continued prayers and support for our parish community.** Your support has been and will continue to be important to our parish during this difficult time. If you wish at this time to make a donation, please use one of the following methods.

- 1) Secure mailbox in front of Monastery.
- 2) Mail to Parish: **PO BOX 10 Stn. Main, Delta B.C. V4K 3N5**
- 3) Join our PAP program by calling or emailing the office.
- 4) If you are unable to drop off or mail in your donation please call the parish office and we can make arrangements to have it picked up.

**2021 Donation Envelopes** – Due to COVID and the cancellation of Masses we are asking parishioners to please pick up their offertory envelopes this year from either the front of the Monastery or Chapel area. If you are unable to get here please call the parish office and we can arrange to get the box to you. Thank you for your ongoing financial contributions to the parish.

**Online PREP Classes** take place Tuesdays at various assigned after-school times per grade. Newcomers are welcome to participate in our online PREP Classes or Supported Home-School for children attending public, private non-Catholic or home school (K-Gr 7).

**On Wednesday, Feb 17<sup>th</sup> - 1<sup>st</sup> Communion Online Parent Meeting #2** – from 7-8:30pm - This is the 2<sup>nd</sup> of 3 meetings to help equip and support parents in their role as the primary teacher of the Faith to their children. Please continue to pray for the children of our parish preparing for their 1<sup>st</sup> Holy Communion and for their families.

Contact **Erin Seddon** our Prep and Religious Education Coordinator at (604) 946-2618 or [eseddon@shsdelta.org](mailto:eseddon@shsdelta.org)



*"Brothers and sisters, whether you eat or drink, or whatever you do, do everything for the glory of God."*  
- 1 Corinthians 10:31

Do a quick check of your priorities. Where does God rank in that list? If He's not first, you have some work to do. Putting God first in everything helps us from putting other "gods" (like our pride, ego, money and possessions) before God. Before making a decision, ask yourself, "Am I doing this for the glory of God or for the glory of me?"  
*From RCAF- Copyright © 2021 Archdiocese of St. Louis*

**The 40 Days for Life Campaign** will begin next week on Feb. 17 (Ash Wednesday) and continue until Palm Sunday. There will be no onsite prayers this year. It will all be virtual. The archdiocese is encouraging prayer and fasting throughout the 40 days, There will be 40 Days for Life Nightly Prayer for one hour beginning at 8:00pm (more information to follow). Also, check out the following websites for further information:

- Website
- <https://www.40daysforlife.com/vancouver-bc>
- Facebook
- <https://www.facebook.com/40DaysVancouver>
- Gmail
- [Vancouver40days@gmail.com](mailto:Vancouver40days@gmail.com)

**Virtual Worldwide Marriage Encounter** If you desire to restore communication & rekindle romance, this weekend is for you! No travel required means you can participate from the comfort of your own home. This weekend is presented by a team of 3 couples and a priest who will help you to learn tools to make your relationship a priority, communicate from the heart, grow in intimacy, renew your commitment to each other, and value the precious gift of your marriage.

It sounds intense but it is a weekend guaranteed to transform your marriage (or you can get your old relationship back!) Rest assured, you won't be staring at your screen the entire time either. The weekend flows nicely between screen presentations and couple work (time off-screen). Join us on Feb. 26-28 (Registration deadline is Feb. 19) OR May 14-16 (Registration deadline is May 7). Register now at [beholdvancouver.org/events](http://beholdvancouver.org/events)

### **Into the Deep: The Laity and the Call to Conversion**

We are all called to conversion and Lent provides us with a special moment to reflect on its true and continuing significance. We sometimes think that the act of conversion is singular, uniquely personal, my own. But, in fact, we are all agents of conversion as well. Conversion is not merely individualistic. It is communal. It has a social dimension. It calls us to a deeper fidelity to Jesus. Join Dr. Michael Higgins, author, scholar, and educator, as we journey through this Lenten season and open ourselves to the call of continued conversion. This event will take place Friday, Feb. 26 at 7:00 pm on Zoom. Register online for free at [beholdvancouver.org/events](http://beholdvancouver.org/events)

### **(Seminary of Christ the) King's Gambit - Online Vocation Live-In**

We invite you to (Seminary of Christ the) King's Gambit, our first-ever online Vocation Live-In on Saturday, March 6 on Zoom. This event is an opportunity for young men to meet other guys (age 17-35) searching for God's will. There will be an ice-breaker, a talk on vocation discernment, seminarian's vocation story, a tour of the seminary and campus, Q&A with seminarians, and a community Evening Prayer. Register online at [rebrand.ly/kingsgambit](http://rebrand.ly/kingsgambit)

**Fr. Jim Nisbet Catholic Bible Seminar** Fr. Jim Nisbet, the renowned Bible scholar and international speaker, will be hosting an online presentation on the Second Letter to Timothy and the Gospel of Mark. As a bonus, Fr. Jim will hold a lenten three-day retreat: on Friday, Feb. 19 from 7:00 to 9:00 pm as well as Saturday and Sunday, Feb. 20 and 21 from 9:00 am to 4:00 pm with breaks. Please pre-register for \$75 per person. For more information visit [beholdvancouver.org](http://beholdvancouver.org) or send an email to [biblestudies@shaw.ca](mailto:biblestudies@shaw.ca).

### **And Jesus Looked at Him: Look of Love Lenten Retreat**

Join us on Saturday, Feb. 27 at 8:45 am - 12:00 pm for a Lenten Retreat. Inviting all who desire a retreat to reflect on scripture, poetry, art, and music as we journey into the holy season of Lent. This morning online retreat features opportunities to sense God beholding us with love and nourishing dream for us. The retreat includes short inspiring talks, guided prayer materials, quiet time for individual prayer, and small group faith-sharing in breakout rooms. Suggested donation \$35-60+ (students \$20) plus GST. Register online at [beholdvancouver.org/events](http://beholdvancouver.org/events)

## Renewing faith, hope and love:

### **Pope Francis' message for Lent 2021**

Pope Francis focuses on the three theological virtues in his Lenten message for 2021, inviting the faithful to “renew our faith, draw from the living waters of hope, and receive with open hearts the love of God.” Grounding his reflection on the Paschal Mystery, the Pope says, “This Lenten journey... is even now illumined by the light of the resurrection, which inspires the thoughts, attitudes and decisions of the followers of Jesus.” He goes on to say that the journey of conversion, through fasting, prayer, and almsgiving, “makes it possible for us to live lives of sincere faith, living hope, and effective charity.”

**Accepting and bearing witness to the truth** The Holy Father explains “accepting and living the truth revealed in Christ means, first of all, opening our hearts to God’s word.” Through fasting, “experienced as a form of self-denial,” we are able “to rediscover God’s gift and recognize that, created in His image and likeness, we find our fulfillment in Him.” Fasting, too, by helping us recognize our own poverty, helps us to love both God and neighbour. “Lent is a time for believing,” the Pope says, “for welcoming God into our lives and allowing Him to ‘make His dwelling’ in us.”

**The ‘living water’ that helps us on the journey** Pope Francis relates the virtue of hope to the ‘living water’ that Jesus promises the Samaritan woman at the well. This is not the physical water the woman is expecting, but rather the Holy Spirit who is given through the Paschal Mystery. Although hope may seem challenging in fragile and uncertain times, “Lent is precisely the season of hope, when we turn back to God.” Hope, he says, “is given to us as inspiration and interior light” through “recollection and silent prayer.” The experience of hope in Lent, he says, “means receiving the hope of Christ, who gave His life on the Cross and was raised by God on the third day.”

#### **Love, the highest expression of faith and hope**

“Love is a leap of the heart,” says Pope Francis. “It brings us out of ourselves and creates bonds of sharing and communion.” The Holy Father emphasizes the need for “social love” in building up “a civilization of love.” “Love is a gift that gives meaning to our lives,” he says. Love helps us to see all men and women as our brothers and sisters. Charity is multiplied when

given with love, as we see not only in the Scriptures, but in our own lives, too, when we give alms “with joy and simplicity.” “To experience Lent with love,” says Pope Francis, “means caring for those who suffer or feel abandoned because of the Covid-19 pandemic.” He invites us to “speak words of reassurance, and help others to realize that God loves them as sons and daughters.”

**A journey of conversion** After reminding us that “every moment of our lives is a time for believing, hoping, and loving,” Pope Francis concludes by saying: “The call to experience Lent as a journey of conversion, prayer and sharing of our goods, helps us – as communities and as individuals – to revive the faith that comes from the living Christ, the hope inspired by the breath of the Holy Spirit and the love flowing from the merciful heart of the Father.”

By Christopher Wells from Vatican News

<https://www.vaticannews.va/en/pope/news/2021-02/renewing-faith-hope-and-love-pope-francis-lenten-message.html>

### **The Fast Life**

Fast from judging others;  
Feast on Christ dwelling in them.  
Fast from fear of illness;  
Feast on the healing power of God.  
Fast from words that pollute;  
Feast on speech that purifies.  
Fast from discontent;  
Feast on gratitude.  
Fast from anger;  
Feast on patience.  
Fast from pessimism;  
Feast on hope.  
Fast from negatives;  
Feast on encouragement.  
Fast from bitterness;  
Feast on forgiveness.  
Fast from self-concern;  
Feast on compassion.  
Fast from suspicion;  
Feast on truth.  
Fast from gossip;  
Feast on purposeful silence.  
Fast from problems that overwhelm;  
Feast on prayer that sustains.  
Fast from anxiety;  
Feast on faith.

- Author Unknown